



# Watershed Explorer: Family-friendly activities to help you explore your watershed

## WHAT IS A WATERSHED?

A watershed is an area of land that water flows across or through on its way to a particular water body, like a stream, river, wetland, lake, or coast. It is the land where precipitation - like rain - falls and flows to a common, watery place.

## RESOURCES FROM CANADIAN WILDLIFE FEDERATION

- Learning Library: free lesson plans, educational resources and conservation projects for kids, all focused around a variety of wildlife and habitat related topics. Explore the education kits, or search for resources by age, grade, subject or theme.
- The WILD Family Nature Club connects families with the great outdoors by providing resources and support to start a local nature club or to share their outdoor adventures online!
- Print off the "Day at the Beach activity cards" for young children.
- Play BINGO with this Rivers to Oceans themed sheet.

## RESOURCES FROM WATERSHEDS CANADA & PARTNERS

- Host your own "BioBlitz" using this free protocol guide.
- Citizen Science Programs in Ontario handout: learn about the many species identification and monitoring programs your family can participate in and help with science research.
- Pack your own Nature Discovery Backpack with this packing list.



Join the free Freshwater Stewardship Community!

[watersheds.ca/freshwater-stewardship](https://watersheds.ca/freshwater-stewardship)

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