

Eco Ramadan Challenge

<p>Day #1 Food Waste</p> <p>Be the next Salt Bae- impress them all with a Ramadan meal plan!</p> 	<p>Day #2 Waste Reduction</p> <p>Fight against plastic- say NO to single-use plastics</p> 	<p>Day #3 Circular Economy</p> <p>Have a favorite piece that's been torn? Stitch it up instead of buying new!</p> 	<p>Day #4 Waste Reduction</p> <p>Let's fuel up! Plan a "Green" Iftaar and reduce plastic and food waste</p> 	<p>Day #5 Energy Conservation</p> <p>Where possible, switch to LED bulbs and turn off lights when not in use</p> 	<p>Day #6 Water Reduction</p> <p>Time to quench your thirst? Let's swap that plastic for a reusable bottle</p> 
<p>Day #7 Eco Education</p> <p>Halaqa circle time!? Why not learn a new fact about the planet we are blessed with.</p> 	<p>Day #8 Circular Economy</p> <p>Oops you broke it again!? Keep calm and upcycle - repair broken items</p> 	<p>Day #9 Energy Conservation</p> <p>Enable sleep mode. Unplug your electronics when not in use</p> 	<p>Day #10 Waste Reduction</p> <p>Why buy when you can swap? Pick one clothing item to swap with a family member</p> 	<p>Day #11 Water Conservation</p> <p>Use a bin or fill a sink while washing dishes. Don't let the water run in the sink, our life's on the brink!</p> 	<p>Day #12 Food Waste</p> <p>Staring to build a date pit pile!? Save date pits for compost or be creative!</p> 
<p>Day #13 Eco Education</p> <p>Let's talk about climate change! Converse with loved ones about climate change</p> 	<p>Day #14 Water Conservation</p> <p>You a gardener, eh!? Water plants with recycled greywater or boiled veggie water</p> 	<p>Day #15 Energy Conservation</p> <p>Air dry laundry: Hang your laundry to dry outside or use an indoor drying rack</p> 	<p>Day #16 Waste Reduction</p> <p>Save the planet one bag at a time. Buy and use reusable shopping bags</p> 	<p>Day #17 Eco Education</p> <p>Where's the meat? Not on my plate!! Have a meat-less sehr and iftaar</p> 	<p>Day #18 Waste Reduction</p> <p>Time to detox! Unsubscribe and stop your junk mail</p> 
<p>Day #19 Water Conservation</p> <p>Be green like a pro, by conserving H2O! Use less water when washing your hands and doing wudu</p> 	<p>Day #20 Waste Reduction</p> <p>Use paper with care so our trees don't become rare! Replace kitchen tissues with towels</p> 	<p>Day #21 Energy Conservation</p> <p>Do a load of laundry in cold water</p> 	<p>Day #22 Waste Reduction</p> <p>Don't line small household dustbins with plastic bags - use recycled paper, or leave it without lining</p> 	<p>Day #23 Health & Wellness</p> <p>Connect with nature. Plan a walk or enjoy some time in your yard</p> 	<p>Day #24 Health & Wellness</p> <p>DIY time - make cleaning products using natural ingredients</p> 
<p>Day #25 Waste Reduction</p> <p>Buy products that have less of an impact when disposed of</p> 	<p>Day #26 Food Waste</p> <p>Reuse your food leftovers creatively</p> 	<p>Day #27 Waste Reduction</p> <p>Eid gift planning? Gift experiences over material things and help reduce waste</p> 	<p>Day #28 Water Conservation</p> <p>Revive a sunnah, conserve water! Avoid baths and take showers instead</p> 	<p>Day #29 Waste Reduction</p> <p>Reuse gift wrapping paper or try textile wrapping!</p> 	<p>Day #30 Eco Education</p> <p>Mindset change NOT climate change! Make one climate action resolution to continue for the year. Get loved ones to make one too!</p>

30 Days. 30 Actions.
Your most eco-friendly Ramadan yet!

Eid Mubarak!